



December 02

The WCPCAN **Resource Update** contains information on training, resources, what's new at WCPCAN and announcements. This email is distributed to family resource programs currently and previously funded by WCPCAN, as well as members of the Council and Committees. It is also accessible on our Web site.

Please be aware that the ideas and opinions expressed in the articles are those of the authors and may not represent the views of the members and staff of the Washington Council for Prevention of Child Abuse and Neglect.

Current and archived versions are also available at:

<http://www.wcpcan.wa.gov/WhatsNew.html#ResourceUpdate>

If you ever have trouble opening the *Resource Update* or embedded items, please contact me and I will send them to you in an alternative format.

Feel free to forward this to your program participants, staff, volunteers, board members and partners who may be interested! ***I also encourage you to share any information you would like with all the WCPCAN-funded programs and Council/committee members through the Update.*** Please submit items or feedback to me,

Maria Gehl at WCPCAN

E-mail: gehlmj@dshs.wa.gov

Mail: 318 First Ave. S, Suite 310, Seattle, WA 98104-2597

Voice: (206) 389-3297

Fax: (206) 464-6642

Contents:

WCPCAN News

Training/Conference Schedule

Sustainability and Resource Information

Priority Topic Areas

Note: Not every priority topic area will be covered in every update, but they will all be covered over the course of the year. Priority topics are as follows:

Collaboration & Community Building

Family Leadership

Fatherhood

Parent Education

Special Populations

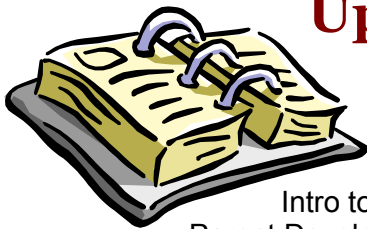
Additional Information and Resources

Announcements

WCPCAN News

On Tuesday, December 17th Governor Locke announced his proposed biennial budget. As you are aware, Washington State is faced with an unprecedented fiscal crisis. In response to that crisis Governor Locke's budget targets reductions in state spending and the elimination of state programs including the **Washington Council for Prevention of Child Abuse and Neglect**. During the upcoming months the legislature will be negotiating the budget recommendations of the Governor. Rest assured that we will continue to provide support, technical assistance and resources to you, in our usual fashion, as the final budget decisions are made.

Upcoming Training & Conferences



Edmonds Community College Family Life Program 2002-03

The program, developed for professionals working with families, children and communities, has several offerings for the upcoming school year:

Intro to Family Support

Parent Development: Theory & Practice

Building Partnerships: The Art of Collaboration

Home Visiting Skills

Family Systems

Details on the classes are included in the attached flyer, for further information or to register call:

425-640-1665, or email fled@edcc.edu

Winter: **ONLINE**

Winter: Tuesdays 3 – 5:40

Winter: Thursdays 3 – 5:40 / Spring: **ONLINE**

Winter: Friday Feb. 7 & 21 – 12:30 – 5:30

Spring: Tuesdays 3 – 5:40



Family Support Class
Details

"From Crib to Classroom"

NORTH KING COUNTY EARLY CHILDHOOD CONFERENCE

Saturday, January 11, 2003 -- 9:00 am-2:00 pm. Shoreline Conference Center

Goal: to bring into focus the importance of early care and learning of all young children, birth to five, and their families including cognitive, social, mental and physical development and the strategies that promote such development. The target audience is parents, child care providers and professionals working with children birth to 6 years of age.



details and
registration form

Nurturing the Health of Mothers and Babies: Conversations between Ethnic Communities and Care Providers – Thursday January 23, 8:30am to 3pm – Seattle, Mt. Zion Baptist Church

The purpose of this workshop is to provide an opportunity for community leaders and families to communicate with primary care providers. Topics of conversation will include:

- Working together to improve communication and increase cultural sensitivity
- Understanding ethnic traditions that support health mothers and babies

- Acknowledging challenges in the existing health care model that limit access to quality pre and post-natal care for families of ethnic communities
- Identifying available resources

\$10 registration fee, \$35 for CEU's. Childcare will be provided – scholarships are available. Contact the March of Dimes for further information: 1-800-291-3463

"Beyond Collaboration: Strategic Restructuring for Nonprofit Organizations"

February 6, 9:30-Noon , American Red Cross, Seattle -- by La Piana Associates

Strategic Restructuring is a continuum of partnerships including mergers, administrative consolidations, and joint programming. It is a tool that can help nonprofits meet environmental challenges, address organizational issues, and better accomplish their mission.

This workshop explains:

- * Partnership options for nonprofits - administrative consolidations, joint ventures, and mergers
- * The motivations that typically lead nonprofits to look at these options
- * How to assess each organization's readiness for strategic restructuring
- * The "key success factors" in mergers and other alliances
- * And the typical roadblocks and challenges.

It also covers the role of funders in the process, and the typical costs of pursuing strategic restructuring. Examples from recent research on strategic restructuring are given. This workshop is sponsored by: The Boeing Company, The Seattle Foundation, Impact Capital, and United Way of King County.

Registration - \$30 for ED & Board Member Pair or \$20 per individual you can download a registration form from the website <http://www.uwkc.org/nonprofit/training/> or, if that doesn't work for you, please call: 206.461.4539. No registrations will be taken by phone; we must receive a completed registration form by mail or fax.

Prevention Works! – 4th Annual Homevisiting Summit - “Seeing is Believing: Using Videotaping and Guided Self-Observation to Promote Parental Sensitivity” with guest speaker Dr. Martha Erickson

- February 14, 9 – 4 at the Pt. Angeles Olympic Medical Center, Linkletter Auditorium. Please let us know –IF we were able to provide a seat time stipend of \$25, would you need it? Please call Jennifer Charles at 360-417-2384 or e-mail jcharles@co.clallam.wa.us to let us know!

Have a Heart for Kids Day will be Tuesday, February 18, 2003. For more information visit:
<http://www.childrensalliance.org/>



The Home Visitor's Networking Group is going on the Road –

and coming to provide a networking opportunity AND training to a location near you. We will be traveling to Spokane March 10, Yakima March 12, and Longview March 31. We are also planning an Everett or Mt. Vernon stop, but the date and site are not yet confirmed. Stay tuned for more information soon!

WSU Annual Parenting Conference – Vancouver, WA – March 19 – 21

The conference will focus on practices and methods for providing parent education and support to a diverse audience. To give practical skills and tools for parent educators, parent education workshop

strategies, recent research, research applications, and program evaluation. Keynote presenters and a pre-conference training by Dr. John Gottman. For full conference information [CLICK HERE](#).

**14th National Conference on Child Abuse and Neglect
Gateways to Prevention ~ March 31 - April 5, 2003 - St. Louis, Missouri**

Focuses on efforts to challenge existing assumptions about how to prevent child maltreatment and consider a range of strategies to protect children and support families and communities Office on Child Abuse and Neglect, Children's Bureau, Administration on Children, Youth and Families
US Department of Health and Human Services, for more information [Click Here](#)

The Ninth Annual Nonprofit Leadership Conference! - Mission and Leadership: Staying the Course in Difficult Times ~ Thursday, April 3, 2003 - The Seattle Center

Featuring, Peter Brinckerhoff, an internationally renowned trainer, author, and consultant to nonprofit organizations. Peter is the author of the highly acclaimed books, *Mission-Based Management*, *Financial Empowerment*, *Mission-Based Marketing*, *Faith-Based Management*, and *Social Entrepreneurship*, all published by John Wiley & Sons. We will close the day with a community-wide reception for participants and for others from throughout the nonprofit community. Together, we will celebrate the start of Volunteer Month and the strengths of Washington's Nonprofits.

Further information will be distributed by email as plans for the conference are developed. Flyers will be available for circulation in February 2003. To be added to the list to receive email updates or mailed information, please email your contact information to nonprof@u.washington.edu. The Nonprofit Leadership Conference is a cooperative project of the Nonprofit Management Program and The Forum at the Evans School of Public Affairs at the University of Washington, Seattle University's Center for Nonprofit and Social Enterprise Management, and The Evergreen State Society.

Children's Justice Conference– Meydenbauer Convention Center – Bellevue - April 7 & 8

Infant and Early Childhood Conference – Yakima Convention Center – May 7-9

Conference Goals for 2003:

- Challenge thinking about diversity and disability;
- Increase family and provider effectiveness through new skills, strategies and ideas for providing high quality services;
- Enhance understanding of the unique strengths and needs of each family;
- Foster partnerships across families, disciplines, agencies and funders to provide coordinated services in local communities;
- Promote networking and coalition building around early childhood issues;
- Enhance the lives of families and their children through the use of information and technology; and
- Promote the mutual understanding of the contributions families and providers bring to the lives of young children.

For details visit: <http://www.ieccwa.org>

Opportunity for Training in Parent Child Interaction Assessment Scales (NCAST)

In the spring of 2003, training in the Parent Child Interaction Assessment Scales will be offered in two areas of Washington State as part of the University of Washington School of Nursing maternal child health training contract.

The Nursing Child Assessment Satellite Training (NCAST) Parent-Child Interaction (PCI) Feeding and Teaching Scales are the most widely used scales for measuring parent-child interaction today. Both scales are widely used in research and clinical practice and are valid tools for making reliable observations about dyadic interaction. In order to use the Feeding and Teaching Scales in practice or research, professionals must be trained through NCAST and be certified (reliable) in the use of the scale(s). Learning the PCI scales will change the perspective you have about dyadic interaction. More information on the scales can be seen at: <http://www.ncast.org/programs.asp>

The cost of the instructor's time for these trainings will be covered through the contract. Materials, travel and staff time is the responsibility of the trainee or agency. Those interested in participating in the training and becoming reliable in the scales contact: diane.bailey@doh.wa.gov Further information on the location and time of training will be announced after level of interest is determined.



The 10th annual Building on Family Strengths Conference ~ June 26 to June 28, 2003 ~ Portland, Oregon The call for presentations is on the website at <http://www.rtc.pdx.edu/>

International Respite Conference ~ Hosted by ARCH ~ September 2003 ~ Orlando, FL
<http://www. chtop.com/ARCH/ARCHconf.htm>

United Way King County offers a series of workshops that are available to community members. Workshops focus on nonprofit management, including fundraising. This comprehensive and on-going program is worth a look if you are near King County. For the most current and detailed information on our workshops, please view their web page with training opportunities: <http://www.uwkc.org/nonprofit/training>. Also, note at the end of that page is a link to an extensive listing of other nonprofit management workshops in the community.



Sustainability and Resource Opportunities

\$6 Million Available to Fund Substance Abuse Treatment and other Programs for Youth Returning from Incarceration

The Substance Abuse and Mental Health Services Administration (SAMHSA) is announcing the availability of \$6 million in funding for 12-14 grants to support substance abuse treatment and related reentry services in agencies providing supervision of and services to sentenced juvenile and young adult offenders returning to the community from incarceration.

WHO CAN APPLY: Public and domestic private non-profit entities may apply, including state and local governments, Indian tribes and tribal organizations,, courts, community-based organizations, and faith-based organizations.

HOW TO APPLY: The program announcement for this Young Offender Reentry Program, TI 03-001, requires applicants to submit a memorandum of understanding among partners in the effort. These partners must include the state or local department of corrections; state or local alcohol and drug abuse agencies; the state or local mental health agency; the state or local juvenile or criminal justice agency responsible for community supervision of the youth; and other community-based or faith-based organizations that provide services for youth reentering the community. The Request for Applications is available on SAMHSA's web site at www.samhsa.gov or by phone from SAMHSA's National Clearinghouse for Alcohol and Drug Information at 1-800-729-6686.

APPLICATION DUE DATE: January 17, 2003

ADDITIONAL INFORMATION: Applicants with questions on program issues should contact Kenneth W. Robertson at 301-443-7612 or kroberts@samhsa.gov. Queries on grants management issues should be directed to Steve Hudak at 301-443-9666 or shudak@samhsa.gov.

Out-of-school time grants for King County – from Social Venture Partners – deadline for letter of Inquiry is Jan 31



2003 Out-of-School
Time_Grant_Guideline

“Surviving the Funding Slump: Advice from a Grantmaker” some advice and ideas for these tight budget times... [Advice from the Grantmaker](#)

The Finance Project has produced a series of publications providing useful information to those concerned with improving the financing of family and children’s services, education, and community development. Each guide presents options for generating resources to fund specific programmatic needs. The series includes:

- ***Thinking Broadly: Financing Strategies for Community, Child, and Family Initiatives***—This document outlines an array of approaches to finance comprehensive community initiatives.
- ***Sustaining Comprehensive Community Initiatives: Key Elements for Success***—This document helps to identify basic resource needs and how to address strategic definitions to assist them, regardless of their initiatives’ programmatic focus.

The publications are available online at www.financeproject.org/newseries.htm.

Priority Topic Areas

Collaboration & Community Building

The Community Toolbox: Bringing Solutions to Light is full of excellent information related to community development that may be useful... available in English and Spanish

<http://ctb.ku.edu/>



Fatherhood

****Expanding the Goals of the "Responsible Fatherhood" Policy**

Many low-income, noncustodial fathers avoid services because they are uncomfortable with or fearful of the system, and few programs make concrete efforts to address these barriers. Further, caseworkers are not trained to work with fathers. In addition to ineffective policies, deeply rooted attitudinal and cultural barriers can prevent fathers from getting help, according to this report from the Social Policy Action Network and the National Practitioners' Network for Fathers and Families. (from Connect for Kids)

<http://www.span-online.org/gender.pdf>

Parent Education

The Winter 2003 issue of *The Parenting Calendar* is available from the Puget Sound Adlerian Society. The calendar is a very thorough listing of parenting classes in the greater Puget Sound region – a wonderful resource for those of you working here. This issue is on their Web site at www.pasadler.org.

Before they can even speak, babies have emotions. Read the **Talaris Institute's Spotlight** on infant emotions entitled, *Born to Feel*, and learn all about the smiles and frowns of babies. Here's the link: http://www.talaris.org/spotlight_infantemotions.htm

Violence Prevention: You Can Never Start Too Early by Julee Newberger

Research shows that violence is learned, and often it's learned in the early stages of life. A new program called Adults and Children Together Against Violence aims to help adults show kids through their own actions how to behave positively and avoid violence. (from Connect for Kids)
http://www.connectforkids.org/benton_topics1544/benton_topics_show.htm?doc_id=130860

Special Populations

Kinship Caregivers

Washington's new report on Kinship Caregivers is out and should be available on the web soon at: <http://legrel.dshs.wa.gov>, click on "Legislative Reports," click on "Legislative Reports Submitted," scroll down to "Kinship Care Policy Issues and Options."

A paper released this fall from the National Center on Children in Poverty provides more fuel for the fire by focusing on the challenges relative caregivers in South Carolina face and highlighting it as a national issue – <http://www.researchforum.org/newsletter/forum53.pdf>

The Children's Defense Fund has a new resource for relative caregivers: "The Grandparent's and Other Relative Caregiver's Guide to Child Care and Early Education Programs: What You Need to Know to Give the Child You are Raising a Head Start." The guide explains the basics about child care and early education programs, including how to choose the right program, how to get help paying for child care, and special issues for relative caregivers. For a copy of the guide, please call Michelle Shin at 202-662-3544.

Additional information and resources

Publication Highlights Home Visiting Outcomes

Healthy Families America, a national home visiting program of Prevent Child Abuse America, announces the release of outcome evaluations of its home visiting programs. This publication, a folder of ten one-page fact sheets and overviews, is designed to provide summaries of relevant research demonstrating the broad effectiveness of the Healthy Families America program.

The evaluations of Healthy Families America include materials, which help to make the case for home visiting services by showing that:

- **Healthy Families America: Reduces Child Maltreatment:** Highlights demonstrate how the program is helping to prevent child abuse and neglect.

- **Healthy Families America: Helps Ensure Healthy Child Development:** Describes how participating families are utilizing health insurance, reducing emergency room usage, accessing well-baby and prenatal care services.
- **Healthy Families America: Helps Ensure That Children Are Ready to Learn:** Describes how parents learn to stimulate their baby and ensure they are screened for developmental delays.
- **Healthy Families America: Helps Families Promotes Self-Sufficiency:** Highlights the gains parents make in improving their educational and employment opportunities and in making decisions regarding family size.
- **Healthy Families America Promotes Positive Parenting:** Describes how parents learn to cultivate a bond with their child, set appropriate expectations for their child's development and reduce parental stress.

The publication also includes an executive summary as well as reference information for the evaluations. The research folder can be downloaded at

http://www.preventchildabuse.org/learn_more/research_docs/hfa_research_folder.html.

For more information, please contact Prevent Child Abuse America: Lori Friedman at (312) 663-3520 Ext. 134. To order copies of the publication, contact Lisa Cashion at (312) 663-3520 Ext. 160.

****Beyond "Don't Talk to Strangers"**

Parents and others concerned with keeping children from harm must balance the need to warn children of real dangers against the need to allow children to feel safe, not scared. This article from the November-December 2002 issue of the Children's Advocate, published by Action Alliance for Children, looks at a program that aims to do both.

http://www.connectforkids.org/benton_topics1544/benton_topics_show.htm?doc_id=137500

NIEER CONDUCTS COST-BENEFITS ANALYSIS OF THE ABECEDARIAN STUDY--Important new research findings prove economic benefits for full-day, year round, high quality preschool programs.

<http://nieer.org/docs/index.php?DocID=57>



Advocacy Resources

Let your Voice be heard this session. You can utilize Advocacy Tools that will help educate our leaders about the importance of prevention!

Prevention Pay\$ Materials Available

On January 10th, the Children's Alliance will have 10,000 copies of a newsprint bulletin from Prevention Pay\$. This is a grassroots advocacy communications piece that carries the same messages as the case statement, with a call to action.

PLEASE REPLY TO John Gould, 206.324.0340 ext. 19

or jon@childrensalliance.org

and let him know if you are able to distribute a quantity of the document - and how many you would like. The PICK UP LOCATION will be:

Children's Alliance, 2017 E. Spruce St., Seattle, WA

For people outside of the Puget Sound corridor, there is a possibility for mail delivery.

Three Keys to Violence Prevention

First Steps: Taking Action Early to Prevent Violence

The evidence is clear that even early experiences of violence and witnessing destructive behaviors can adversely impact children's brain development, academic achievement and the capacity for healthy relationships, and boost the risk of being involved in future violence. So what can we do about it? This report funded by the Packard Foundation offers concrete suggestions, from educating parents about safely storing guns to training health providers on the signs of substance abuse among parents and advocating for a refundable pre-tax child credit. (from Connect for Kids)

<http://www.preventioninstitute.org/firststeps.html>

Planned OLYMPIA Lobby Days

MONDAY - January 20

- National Alliance for the Mentally Ill (NAMI) Contact: boswellconsulting@msn.com
- Welfare Rights Organizing Coalition will hold one of two Legislative Briefings in Olympia. First Christian Church, 7th & Franklin, Olympia. Contact: Jean@wroc.org.

WEDNESDAY - February 5

- Washington Association of Housing and Services for the Aging will gather from 10 to Noon at United Churches of Olympia, 11th and Capitol Way. Contact: steinmetz@wahsa.com

THURSDAY - February 6

- Washington Low Income Housing Network (WSCH) and the Washington Low Income Housing Congress will hold Housing Advocacy Day at St. John's Episcopal Church, Capitol Way. Contact: jota@wlihn.org

THURSDAY - February 13

- Head Start/Early Childhood Education Assistance Program (ECEAP). Contact; Ilene.Stark@co.snohomish.wa.us

MONDAY - February 17

- Welfare Rights Organizing Coalition, second of two Olympia Legislative Briefings. Contact: Jean@wroc.org

TUESDAY - February 18

- Children's Alliance is sponsoring HAVE A HEART FOR KIDS DAY (children & youth are welcome). A.M. program at United Churches of Olympia; something TBD at noon; P.M. devoted to legislative visits. Contact: Jon@childrensalliance.org, or Gabriela at 1-800-854-KIDS X 14.

MONDAY - February 24

- National Association of Social Workers, WA Chapter, General Services Administration Auditorium, 8:00 - Noon. Contact: ksenger@u.washington.edu

TUESDAY - March 4

- Child Care Works for Washington will host a briefing & training for members, followed by a noon rally at the sundial. Contact: Dawn Larson (253) 502-2686, or DawnL@ccsww.org.

WEEKLY OLYMPIA BRIEFINGS

EVERY WEDNESDAY, The Arc of Washington State will hold their weekly DD Advocacy Days. A.M. briefing sessions at Untied Churches of Olympia, P.M. devoted to legislative visits. Contact: grier@arcwa.org

EVERY THURSDAY, the Children's Budget Coalition will host a brown bag lunch. Noon - 1:00 pm., House Hearing Room E - John L. O'Brien Building. Briefings available on request. Contact delight@childrensalliance.org.

DISTRICT LEGISLATIVE BRIEFINGS

Rather than host one big day in Olympia, the Washington Association of Churches, the Washington State Catholic Conference, and the Lutheran Public Policy Office will jointly host four "District Briefings" where citizens can

meet with their legislators in the district. There may also be a request for phone calls and/or e-mail to legislators on these dates. Information on all four is available at: www.thewac.org.

SATURDAY - January 25 (9:30 a.m. - 2:00 pm) - **Spokane** Unitarian Universalist Church, 4340 W. Fort George Wright Drive, Spokane. Contact: (509) 325-623-6383.

TUESDAY - January 28 - **Tacoma** (7:00 pm - 9:30 pm) - Allen African Methodist Episcopal Church, 12223 Martin Luther King Way Contact: (253) 627-6855.

SATURDAY - February 1 - **Bellevue/Western Washington** (9:00 a.m. - Noon) St. Andrews Lutheran Church, 2650 148th Ave SE, Bellevue Contact: (425) 746-2529.

SATURDAY - February 8 – **Yakima** Unitarian Universalist Church, 215 N. 2nd Street Contact: (509) 453-8448.

Mathematica Policy Research released a publication entitled, “**The Economic Rationale for Investing in Children: A Focus on Child Care.**” The publication includes arguments why child care is important for a healthy economy. *Some of these arguments may also be applied to child abuse prevention advocacy efforts.* (From PCA). The document is online at <http://aspe.os.dhhs.gov/hsp/cc-rationale02/index.htm>

Announcements

New on the Child Trends Databank: Increase in the rate of infants who are murdered

The rate of infants who are murdered now rivals the rate of teenagers ages 15-19 who are murdered, at 9.1 and 9.6 per 100,000 respectively. This convergence reflects dramatic declines in the teen homicide rate since the mid-1990s, and a doubling of the infant homicide rate over the last 30 years (from 4.3 in 1970 to 9.1 per 100,000 children under age one in 2000).

Almost one infant homicide per day was reported in the year 2000 (349 total); 1,914 teen homicides (among teens ages 15-19) were reported in 2000. The latest indicator added to the Child Trends DataBank provides detailed information about the increase in the rate of infants who are murdered annually. View and download the Infant Homicide indicator at:

<http://www.childtrends.databank.org/demo/death/72InfantHomicide.htm>

New Child Development e-Newsletter

Civitas Matters is a new e-newsletter that uses everyday language and graphics to make complex early childhood information easy to understand and accessible to busy parents. Family Support America is partnering with Civitas to make this newsletter available to you and families in your communities. [To sign up, click here.](#) (from Family Support America)

Resource from Child Trends – Free!

We're overstocked! Reproductive Health Care for America's Diverse Teen Population: A Guide for Service Providers, regularly priced at \$15 each, is now available for FREE. This offer is good for any nonprofit ordering bulk copies (50 copies or more at a time) that will either pick them up at Child Trends' DC office or will pay shipping costs. For more information, see <http://shop.childtrends.org/onlinecart/index.cfm>

Changes proposed in state laws to target clergy sex abuse

<http://archives.seattletimes.nwsource.com/cgi-bin/texis.cgi/web/vortex/display?slug=clergy17m0&date=20021117&query=%22clergy+sex%22> ♀

